



January 2020

Monday 1/6	Tuesday 1/7	Wednesday 1/8	Thursday 1/9	Friday 1/10
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereal Fruit	Blueberry Breakfast Biscuit Fruit	Yogurt Fruit	Bagel W/ Cream Cheese Fruit	Oatmeal Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Deli Wraps Veggie Fruit	Chicken Alfredo Veggie Fruit	Grilled Cheese Tomato Soup W/ Crackers Fruit	Breakfast for Lunch Veggie Fruit	Beanie Weenies Bread Fruit
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Chex Mix	Cheez-its	Rich Cakes	Vanilla Wafers	Snack Mix
Monday 1/13	Tuesday 1/14	Wednesday 1/15	Thursday 1/16	Friday 1/17
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Pancakes Fruit	English Muffin with Jelly Fruit	Wow Butter Wraps Fruit	Bagel W/ Cream Cheese Craisins	Donut Holes Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Mac & Cheese Veggie Fruit	Ham & Cheese Sandwich Veggie Fruit	Spaghetti W/Meat Sauce Veggie Fruit	Taco Salad Corn Chips Fruit	Chicken Nuggets Mashed Potatoes Fruit Veggie
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Graham Crackers	Cheese & Crackers	Animal Crackers	Popcorn	Snack Mix
Monday 1/20	Tuesday 1/21	Wednesday 1/22	Thursday 1/23	Friday 1/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Biscuits & Gravy Fruit	Cinnamon Raisin Bread with Butter Fruit	Yogurt Fruit	Bagel W/Cream Cheese Fruit	Oatmeal Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Deep Dish Pizza Veggie Fruit	Fish Sticks Mac & Cheese Veggie Fruit	Green Bean Supreme Butter Bread Fruit	Wow Butter & Jelly Sandwich Veggie Fruit	Soft Tacos Veggie Fruit
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Rice Cakes	Animal Crackers	Pretzels	Goldfish	Snack Mix
Monday 1/27	Tuesday 1/28	Wednesday 1/29	Thursday 1/30	Friday 1/31
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Waffles Fruit	Cereal Fruit	Banana Muffins Fruit	Bagel W/Cream Cheese	Yogurt Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Cheese Quesadilla Veggie Fruit	Cheesy Ham & Rice Veggie Fruit	Chef Salad Crackers Fruit	Meatball Subs Veggie Fruit	Spaghetti Veggie Fruit
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Fig Newton	Cheez-its	Pretzels	Graham Crackers	Snack Mix

\*Breakfasts and Lunches are served with Milk

\*Snacks are served with 100% Fruit

Juice