



January 2019

Monday 1/7	Tuesday 1/8	Wednesday 1/9	Thursday 1/10	Friday 1/11
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Banana	Fruit Bars Craisin	Yogurt Blueberries	Bagel w/ Cream Cheese Raisin	Waffles Banana
Lunch	Lunch	Lunch	Lunch	Lunch
Deli Wraps Cucumbers Apples	Taco Bake Peppers Oranges	Hot Dogs Fries grapes	Grilled Cheese & Tomato Soup Crackers Pineapple	Beanie Weenies Bread Cantaloupe
Snack	Snack	Snack	Snack	Snack
Chex Mix	Cheez-its	Goldfish	Vanilla Wafers	Snack Mix
Monday 1/14	Tuesday 1/15	Wednesday 1/16	Thursday 1/17	Friday 1/18
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Banana	Toast W/Jelly Raisins	Oatmeal Blueberries	Bagel with Cream Cheese Craisins	Donut Holes Banana
Lunch	Lunch	Lunch	Lunch	Lunch
Mac & Cheese Peppers Cantaloupe	Ham & Cheese Biscuits Celery w/ranch grapes	Spaghetti W/Meat Sauce Green Beans apples	Taco Salad crackers oranges	Chicken Nuggets Veggie straws cucumbers pears
Snack	Snack	Snack	Snack	Snack
Graham Crackers	Cheese & Crackers	Animal Crackers	Popcorn	Snack Mix
Monday 1/21	Tuesday 1/22	Wednesday 1/23	Thursday 1/24	Friday 1/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Banana	Granola Bars Raisins	Waffles blueberries	Bagel with Cream Cheese and Craisins	Donut Holes Banana
Lunch	Lunch	Lunch	Lunch	Lunch
Pizza Wraps carrots Apples	Fish Sticks Mac & Cheese Peppers Pineapple	Green Bean Supreme Butter Bread Cantaloupe	Wow Butter & Jelly Sandwich Carrots Oranges	Soft Tacos Peppers Apples
Snack	Snack	Snack	Snack	Snack
Rice Cakes	Animal Crackers	Pretzels	Goldfish	Snack Mix
Monday 1/28	Tuesday 1/29	Wednesday 1/30	Thursday 1/31	Friday 2/1
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Banana	Wow Butter Wraps Craisin	Banana Muffins Raisins	Bagel w/ Cream Cheese Blueberries	Biscuits w/gravy Raisins
Lunch	Lunch	Lunch	Lunch	Lunch
Cheese Quesadilla Carrot Apples	Cheesy ham and rice Peas Peaches	Chef Salad Crackers Grapes	Meatball Subs Peppers Cantaloupe	Deep Dish Pizza Celery W/Ranch Oranges
Snack	Snack	Snack	Snack	Snack
Fig Newton	Cheez-its	Pretzels	Graham Crackers	Snack Mix

*Breakfasts and Lunches are served with Milk

*Snacks are served with 100% Fruit Juice